**Revision vocabulary**

Human body systems

Circulatory system

Heart (Aorta, left- right atrium, left- right ventricle, pulmonary artery), blood vessels, arteries, veins, capillaries ,valves, tricuspid valve, mitral valve, aortic valve, pulmonic valve, oxygen, vene cava ,deoxygenated blood

Nervous system

Spinal cord brain (cerebrum, cerebellum, diencephalon, midbrain, pons, medulla oblongata)-central nervous system peripheral nervous system radial nerve, sacral nerves, median nerves, thoracic nerves, lumbar nerves ,ulnar nerves

Respiratory system

Nose, pharynx, trachea, bronchi, lungs, alveoli, nasal cavity ,nostrils, oral cavity, larynx, bronchus, Adam’s apple, carbon dioxide, inhale ,exhale

Digestive system

Mouth, salivary glands ,appendix, saliva, alimentary canal, gastrointestinal tract, liver, gallbladder, pancreas, duodenum, intestine, rectum anus stool

Skeletal system

Cranium,clavicle,mandible,scapula,humerus,sternum,ribs,radius,ulna,sacrum,carpals, metacarpals, phalanges, femur, patella, tibla, fibula, tarsals, metatarsals

Muscular system

Deltoid, biceps, abdominal muscles, quadriceps, groin muscles, tricers, Achilles tendon, frontalis, trapezius, pectoralis major, triceps brachii, latissimus dorsi, Sartorius, biceps femoris, rectus femoris, gastrocnemius

BASIC VOCABULARY YOU SHOULD LEARN

Parts of the body

Head, forehead, eyes, ears, nose, cheek, chin, neck, shoulder, arm, armpit, nipple, forearm, elbow, back, hips, thigh, knee, shin, foot, waist, calf, heel, nail, ankle, toes, sole, chest, groin

Sports

Football

Rectangular pitch, length, width, match, opposing teams, two halves, net, score a goal, goalkeeper, corner kick, extra time, penalty, take in turns , win the match, referee, issue a card, warning, foul, half time, added time, tie game, draw, equal score, nil-nil, offside, hooligan, attacker, defender

Handball

Goal crease, progressive punishment, suspension, unlimited substitutions, eject, suspension

Basketball

Rectangular court, dribble, pass the ball, violation, free shots, half time, compete, tie game

Swimming

Four strokes, butterfly, backstroke, breaststroke, freestyle

Crawl, swimming pools 25m, 50m, heats, semi-finalw, finals, relay,

Volleyball

3 sets, two teams 6 players each, setter, liber , left side hitter, middle side hitter, right side hitter, two rows, attack line, spike, block, dig, serve, net

NUTRITION

Nutrients, proteins , carbohydrates, fats, minerals, balanced diet, varied diet, food pyramid, calories, processed food, additives, vitamins, organic products, fibre, vegetables fruit, grain seeds, genetically modified foods, dairy products, eating habits, junk food, oat, rye, corn, wheat.