



# Αναισθησιολογία

## Ακαδ. έτος 2018-19



# ΦΥΣΙΟΛΟΓΙΑ

## ΚΑΤΑ ΤΗΝ

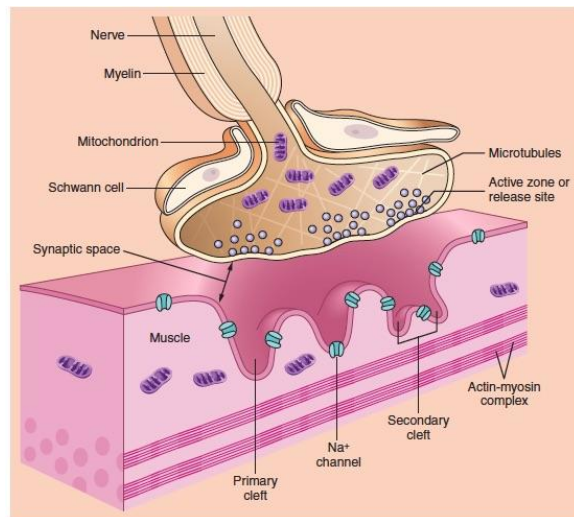
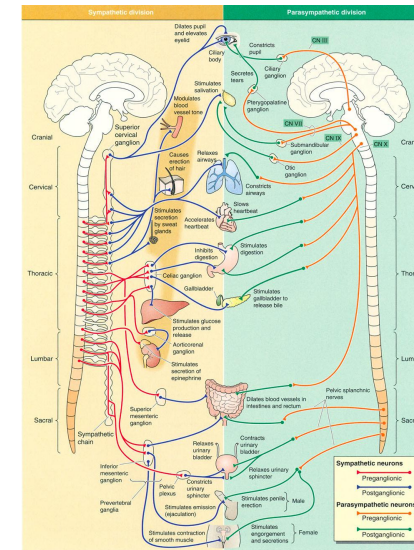
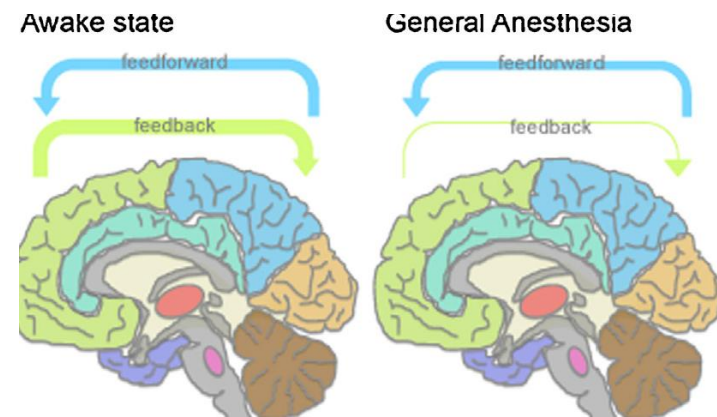
### ΑΝΑΙΣΘΗΣΙΑ

Κων/νος Γ Σταμούλης  
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# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

## Structure and contents





# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

Brain: consciousness - sleep - memory



# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

Brain: consciousness - sleep - memory



- **General anesthesia was absent until the mid-1800's**
- **William Morton** administered ether to a patient having a neck tumor removed at the *Massachusetts General Hospital, Boston*, in **October 1846**.
- The discovery of the **diethyl ether** as general anesthesia was the result of a search for means of eliminating a patient's pain perception and responses to painful stimuli.

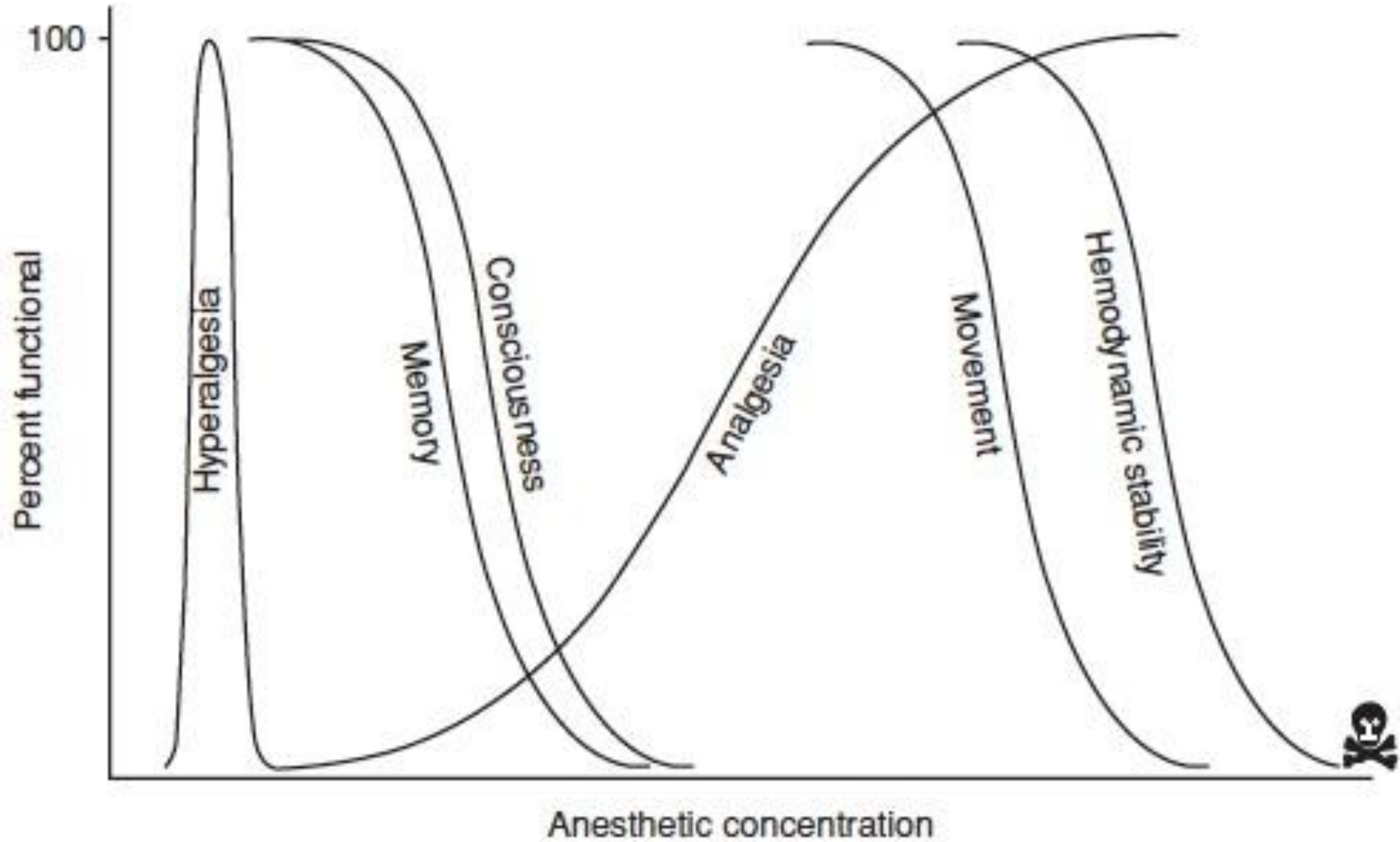
**16th October**

**WORLD ANAESTHESIOLOGY DAY**



# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

Brain: consciousness - sleep - memory



# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

## Brain: consciousness - sleep - memory

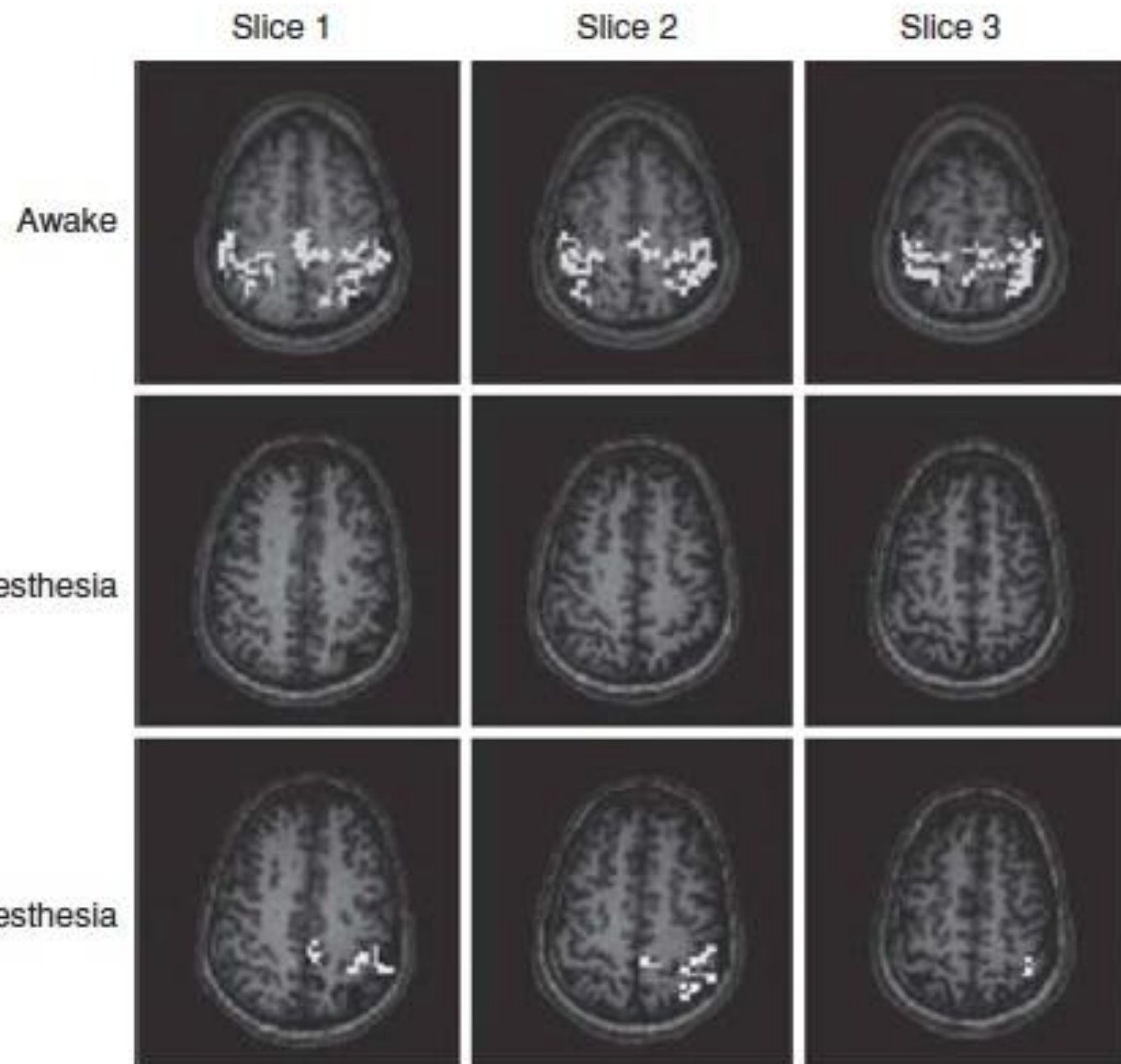
### CELLULAR AND MOLECULAR EFFECTS OF GENERAL ANESTHETICS IN THE BRAIN

**Table 2.1** THE NEURONAL, PHYSIOLOGICAL AND PHARMACOLOGICAL ROLES OF PUTATIVE ANESTHETIC TARGETS IN THE CENTRAL NERVOUS SYSTEM

MOLECULAR TARGET	CELLULAR FUNCTION	BEHAVIOR AND PHARMACOLOGY
<i>Ligand-Gated Ion Channels</i>		
GABA <sub>A</sub> receptors	Increase Cl <sup>-</sup> permeability	Enhanced activity associated with anxiolysis, sedation, and amnesia
	Hyperpolarize membrane	
	Inhibit neuronal excitability	Important role in epilepsy
Glycine receptors	Increase Cl <sup>-</sup> permeability	Inhibitory receptor in the spinal cord
	Hyperpolarize membrane	Modulates spinal reflexes and startle response
	Inhibit neuronal excitability	
Glutamate receptors (NMDA subtype)	Fast excitatory neurotransmission	Important receptor in perception, learning and memory.
	Increase permeability to Na <sup>+</sup> , K <sup>+</sup> , and Ca <sup>2+</sup>	
	synaptic plasticity	
Neuronal nicotinic acetylcholine receptors	Increase permeability to sodium, potassium, and calcium	Regulates arousal, memory, nociception, and autonomic function
	Modulates neurotransmitter release	
Serotonin receptors	Increase cation conductance (5-HTR <sub>1</sub> )	Regulates neuronal excitation and emesis
	Increase K <sup>+</sup> conductance (5-HTR <sub>2</sub> )	
<i>Other Ion Channels</i>		
Two-pore-domain K <sup>+</sup> channels	Increase K <sup>+</sup> permeability	Regulates neuronal excitability
	Can be activated by pH, chemical, or mechanical stimulation	Chemosensation
ATP-activated K <sup>+</sup> channels	Activated by metabolic activity	Neuroprotection, insulin secretion
Hyperpolarization-activated cyclic-nucleotide gated channels	Activates nonspecific cation current during membrane hyperpolarization	Regulates resting membrane potential
		Modulates dendritic function, neuronal oscillation, and action potential bursting
Voltage activated K <sup>+</sup> channels	Regulation of resting membrane potential and recovery from action potential	Essential for nerve transmission
Voltage activated Na <sup>+</sup> channels	Initiate action potentials	Essential for nerve transmission and neurotransmitter release
Voltage-gated Ca <sup>2+</sup> channels	Increase permeability to Ca <sup>2+</sup> during depolarization	Essential for neurotransmitter release Regulates nociception
	Neurotransmitter release	

# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

Brain: consciousness - sleep - memory



- shared circuit hypothesis

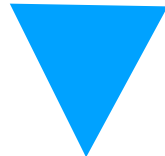
- disrupting effective connectivity

# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

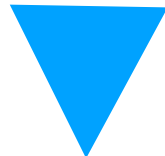
Brain: consciousness - sleep - memory

## Phases of memory

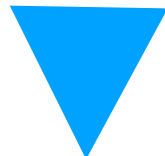
Encode or establishment



Consolidation



Retrieval



Reconsolidation

## Key points

- ➔ Main parts of brain relevant to memory are parietal lobe, amygdala, thalamus
- ➔ Amnesia caused by subanesthetic doses
- ➔ Anaesthetics may cause amnesia acting on arousal or attention
- ➔ No common mechanism

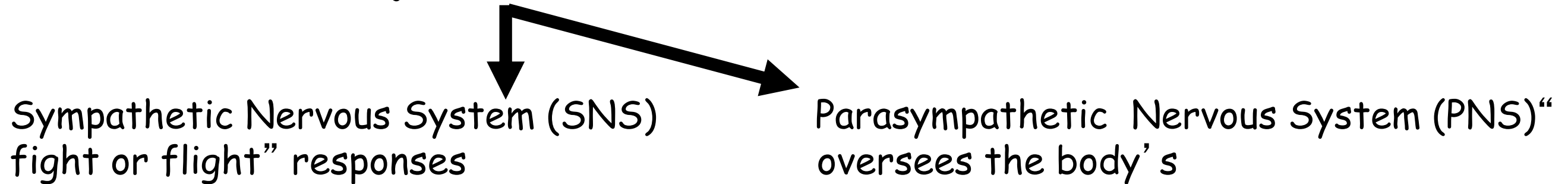


# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

## Autonomic nervous system

★ Responsible for the body's involuntary activities (including cardiovascular, gastrointestinal, and thermoregulatory homeostasis).

★ Divided into two major branches:



- ★ Preganglionic fibers originate from the thoracolumbar region of the spinal cord

- ★ The postganglionic neurons of the SNS then travel to the target organ

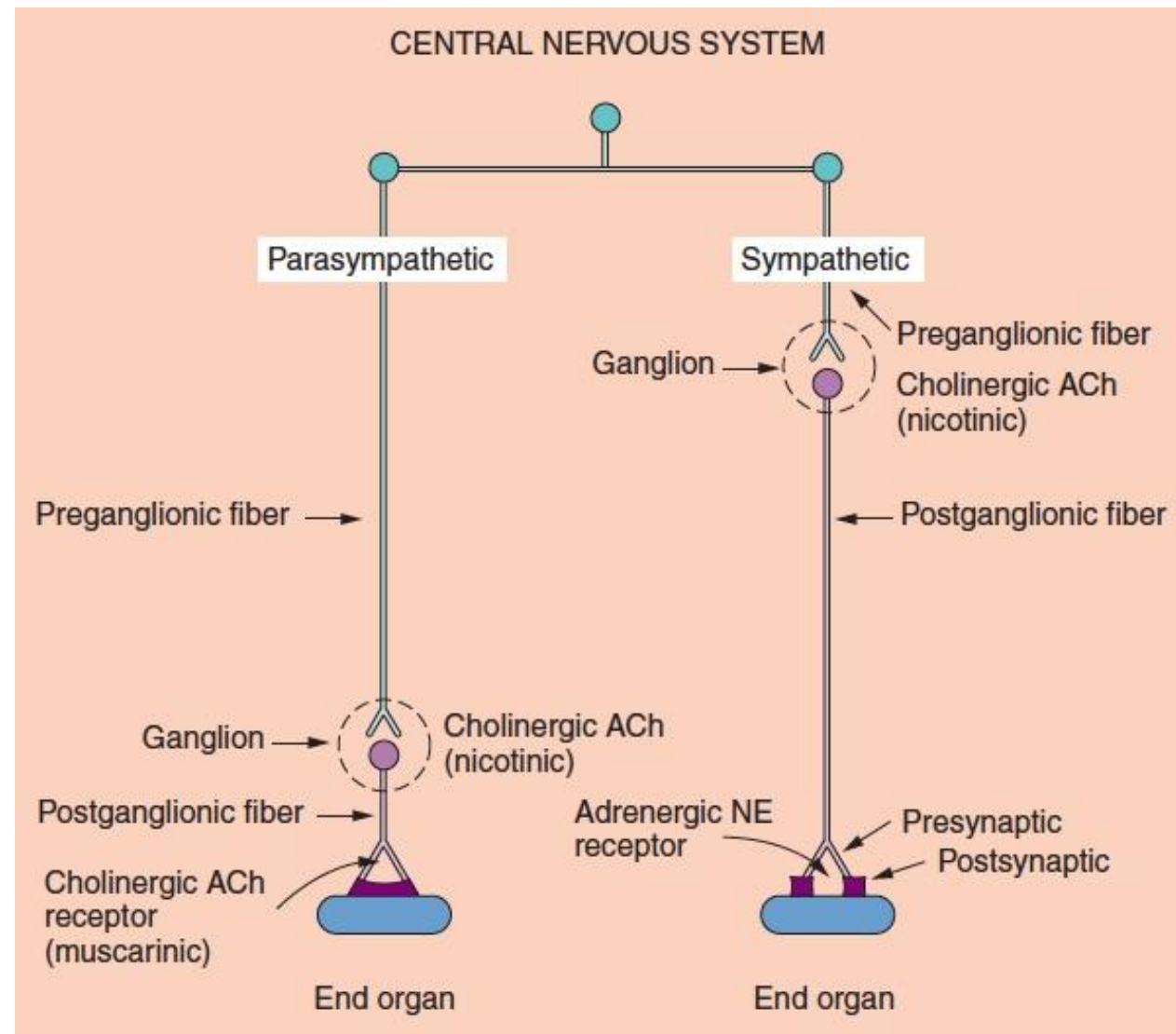
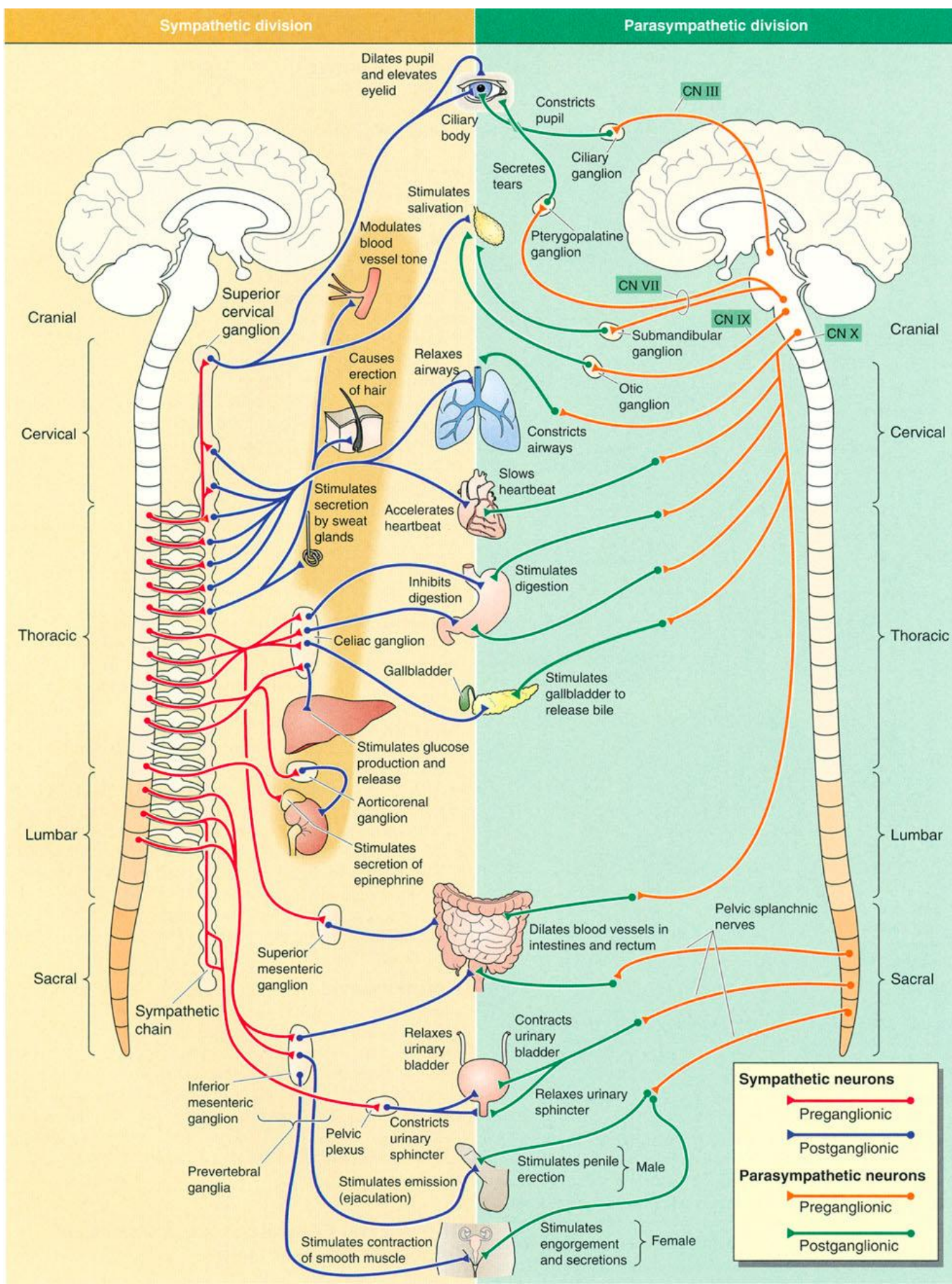
- ★ A sympathetic response, is not confined to the segment from which the stimulus originates

- ★ The PNS arises from cranial nerves III, VII, IX, X & from sacral segments

- ★ The ganglia of the PNS are in close proximity to (or even within) their target organs

# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

## Autonomic nervous system





# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

## ΑΥΤΟΝΟΜΟ ΝΕΥΡΙΚΟ ΣΥΣΤΗΜΑ

<b>Heart</b>				
SA node	Decreases heart rate		$\beta_1$	Increases heart rate
Atria and ventricle	Decreases contractility		$\beta_1, \beta_2$	Increases contractility
AV node and Purkinje	Decreases conduction velocity		$\beta_1, \beta_2$	Increases conduction velocity
<b>Arterioles</b>				
Coronary	—		$\alpha_1, \alpha_2$	Constriction
			$\beta_2$	Dilation
Skin	—		$\alpha_1, \alpha_2$	Constriction
Skeletal muscle	—		$\alpha_1$	Constriction
			$\beta_2, \text{Muscarinic}$	Dilation
Abdominal viscera	—		$\alpha_1$	Constriction
Salivary glands	Dilation		$\alpha_1, \alpha_2$	Constriction
Renal	—		$\alpha_1$	Constriction
<b>Systemic veins</b>	—		$\alpha_1, \alpha_2$	Constriction
			$\beta_2$	Dilation



# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

## Autonomic nervous system - Pharmacology

### Sympathetic nervous system

#### Non selective agonists

- ☑ **Endogenous catecholamines**
  - Norepinephrine
  - Epinephrine
  - Dopamine
- ☑ **Synthetic catecholamines**
  - Isoproterenol
  - Doputamine
  - Fenoldopam
- ☑ **Noncatecholamine Sympathomimetic Amines**
  - Ephedrine

#### Selective agonists

- ☑ **α1-Adrenergic Agonists**
  - Phenylephrine
- ☑ **α2-Adrenergic Agonists**
  - Clonidine
  - Dexmedetomidine
- ☑ **β2 adrenergic agonists**

# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

## Autonomic nervous system - Pharmacology

### Sympathetic nervous system

**Table 7-2** Pharmacologic Effects and Therapeutic Doses of Catecholamines

Catecholamine	Mean Arterial Pressure	Heart Rate	Cardiac Output	Systemic Vascular Resistance	Renal Blood Flow	Cardiac Dysrhythmias	Preparation (mg/250 mL)	Intravenous Dose (μg/kg/min)
Dopamine	+	+	+++	+	+++	+	200 (800 μg/mL)	2-20
Norepinephrine	+++	-	-	+++	---	+	4 (16 μg/mL)	0.01-0.1
Epinephrine	+	++	++	++	--	+++	1 (4 μg/mL)	0.03-0.15
Isoproterenol	-	+++	+++	--	-	+++	1 (4 μg/mL)	0.03-0.15
Dobutamine	+	+	+++	-	++	-	250 (1000 μg/mL)	2-20

# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

## Autonomic nervous system - Pharmacology

### Sympathetic nervous system

#### α-ADRENERGIC RECEPTOR ANTAGONISTS

- ▶ Phenoxybenzamine
- ▶ Prazocin

#### β-ADRENERGIC RECEPTOR

#### ANTAGONISTS

- ▶ selective
  - Esmolol
  - Metoprolol
- ▶ non selective
  - Propranolol
  - Labetalol



# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

## Autonomic nervous system - Pharmacology

### Parasympathetic nervous system

#### Cholinesterase Inhibitors

- ☑ physostigmine
- ☑ neostigmine
- ☑ pyridostigmine
- ☑ edrophonium

#### Anticholinergic agents (muscarinic antagonists)

- ☑ Atropine
- ☑ Scopolamine
- ☑ Glycopyrrolate

**Table 7-3** Comparative Effects of Anticholinergics Administered Intramuscularly as Pharmacologic Premedication

Effect	Atropine	Scopolamine	Glycopyrrolate
Antisialagogue effect	+	+++	++
Sedative and amnesic effects	+	+++	0
Increased gastric fluid pH	0	0	0/+
Central nervous system toxicity	+	++	0
Relaxation of lower esophageal sphincter	++	++	++
Mydriasis and cycloplegia	+	+++	0
Heart rate	++	0/+	+





# Interactions with other drugs & factors which influence the duration of NMB

- ▶ Systematic diseases
- ▶ Other drugs: ( volatile anesthetics, antibiotics, Mg.
- ▶ Hypothermia
- ▶ Acid base & electrolyte abnormalities
- ▶ Age & others comorbidities
- ▶ Hepatic/renal failure

Drug	Effect on Depolarizing Blockade	Effect on Nondepolarizing Blockade	Factor	Notes
			Pediatric	Succinylcholine – should not be used routinely Nondepolarizing agents – faster onset Vecuronium – long-acting in neonates
			Elderly	Decreased clearance – prolonged duration, except with cisatracurium
			Obese	Dosage 20% more than lean body weight; onset unchanged Prolonged duration, except with cisatracurium
			Hepatic disease	Increased volume of distribution Pancuronium and vecuronium – prolonged elimination due to hepatic metabolism and biliary excretion Cisatracurium – unchanged Pseudocholinesterase decreased; prolonged action may be seen with succinylcholine in severe disease
			Renal failure	Vecuronium – prolonged Rocuronium – relatively unchanged Cisatracurium – safest alternative
			Critically ill	Myopathy, polyneuropathy, nicotinic acetylcholine receptor up-regulation
Antibiotics	+	-		
Anticonvulsants	?	-		
Antiarrhythmics	+	-		
Cholinesterase inhibitors	+	-		
Dantrolene	?	-		
Inhalational anesthetics	+	-		
Ketamine	?	-		
Local anesthetics	+	-		
Lithium carbonate	+	?		Prolongs onset and duration of succinylcholine
Magnesium sulfate	+	+		Doses used to treat preeclampsia and eclampsia of pregnancy

Disease
Amyotrophic lateral sclerosis
Autoimmune disorders Systemic lupus erythematosus Polymyositis Dermatomyositis
Burn injury



## Systematic effects

### Depolarizing

- \* Bradycardia, hyperkalemia, respiratory problems, increase of intraocular and intragastric pressure, malignant hyperthermia

### Non depolarising

- \* Histamine release
- \* Respiratory side effects

# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

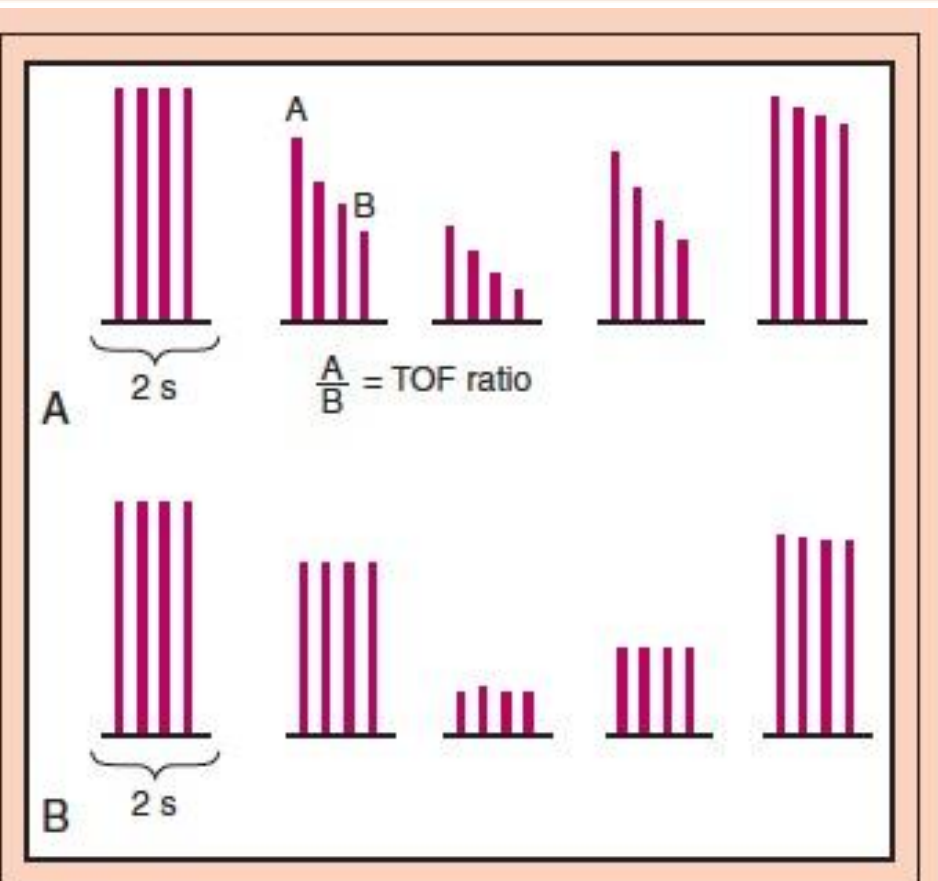
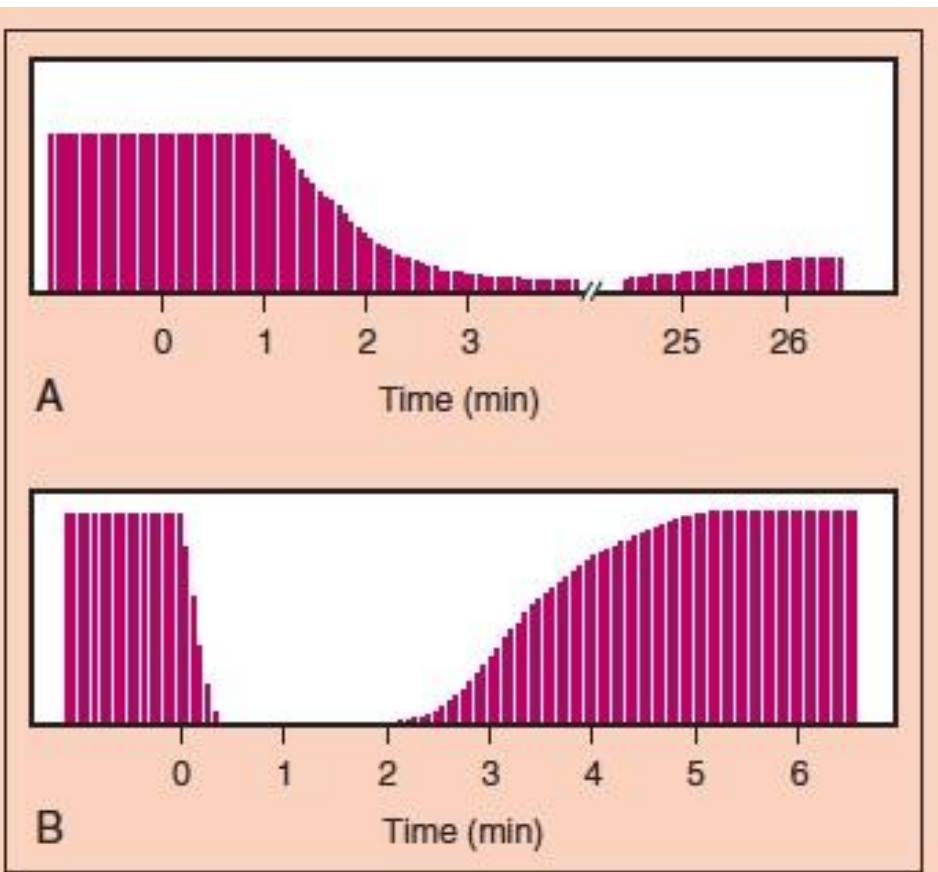
## Neuromuscular transmission

### Neuromuscular blockade reversal

➔ There are not specific antidotes for depolarising neuromuscular blocking drugs

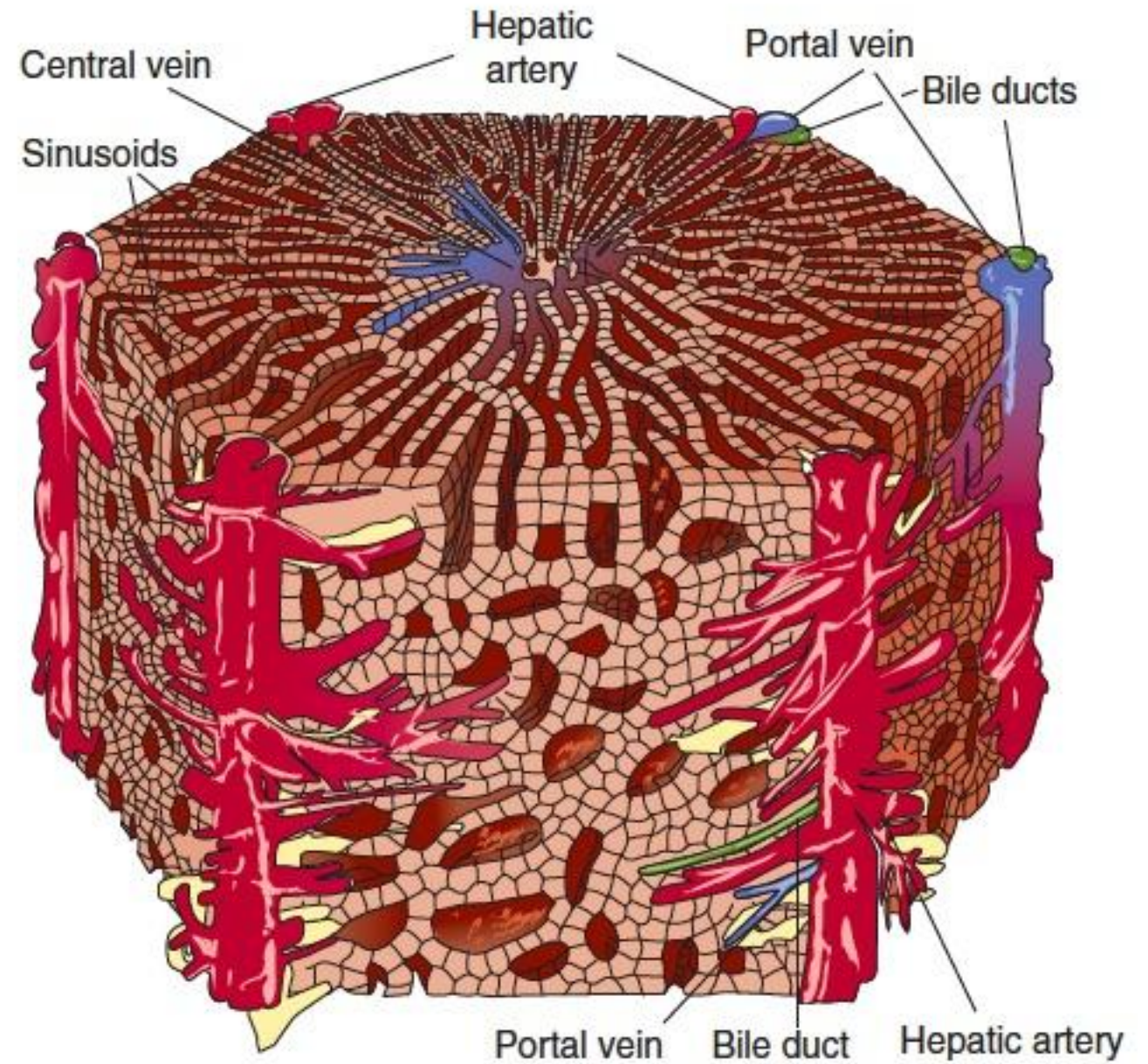
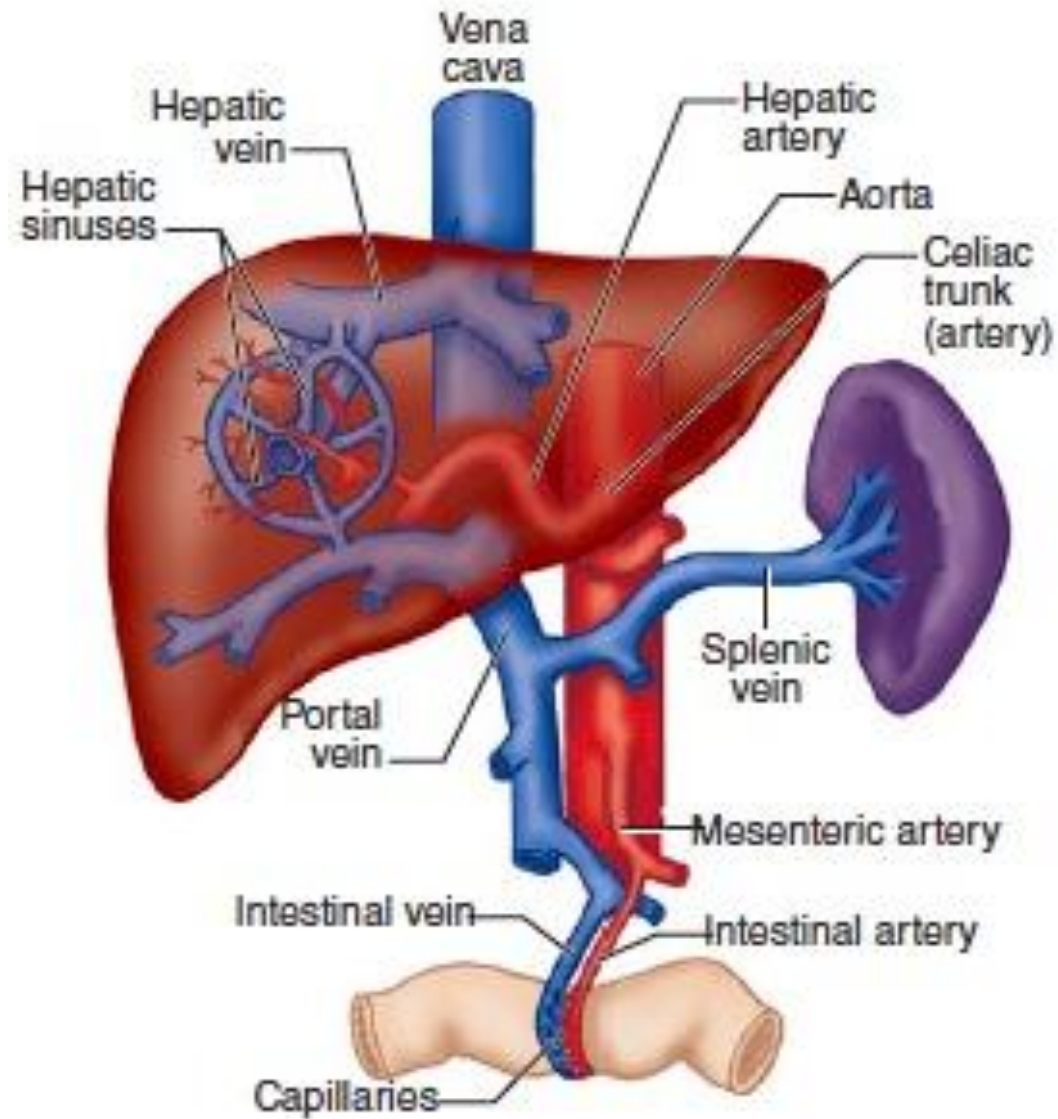
➔ Cholinesterase inhibitors used to reverse the block of non depolarising blocking drugs

➔ There is specific antidote for rocuronium ( sugammadex)



# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

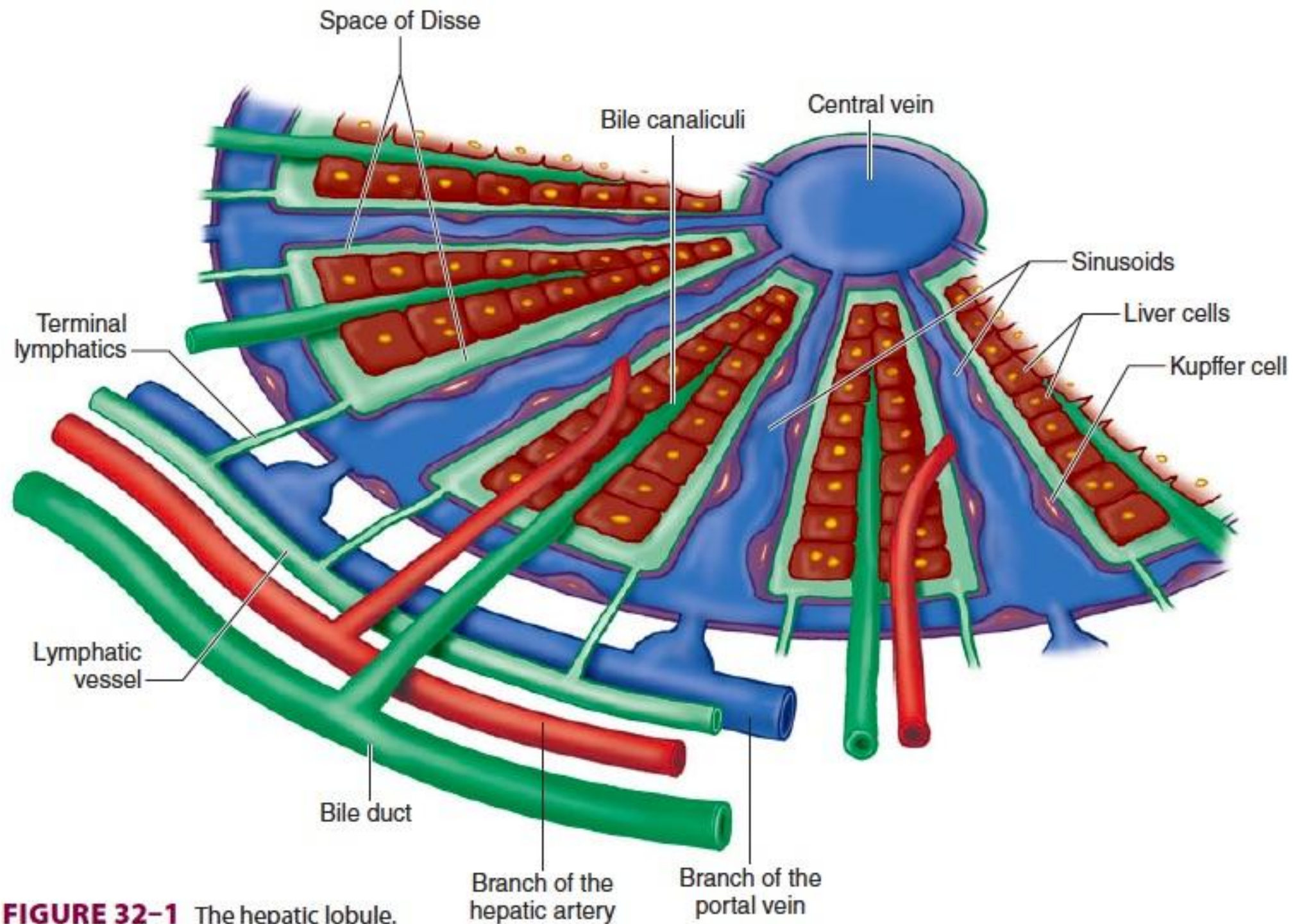
## Liver





# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

## Liver



**FIGURE 32-1** The hepatic lobule.

# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

## Liver

- ☆ Hepatic blood flow is 25% to 30% of the C.O
- ☆ It is provided by the hepatic artery and portal vein.
- ☆ The hepatic artery supplies about 45% to 50% of the liver's oxygen requirements
- ☆ Hepatic arterial flow dependent on metabolic demand (autoregulation)
- ☆ The hepatic artery has  $\alpha_1$  &  $\beta_2$  -adrenergic receptors, dopaminergic ( $D_1$ ), and cholinergic vasodilator receptors.
- ☆ The portal vein has only  $\alpha_1$  -adrenergic and dopaminergic ( $D_1$ ) receptors
- ☆ Has a central role in metabolism of nutrients & drugs, synthesis of many coagulant factors & other proteins & secretion of bile

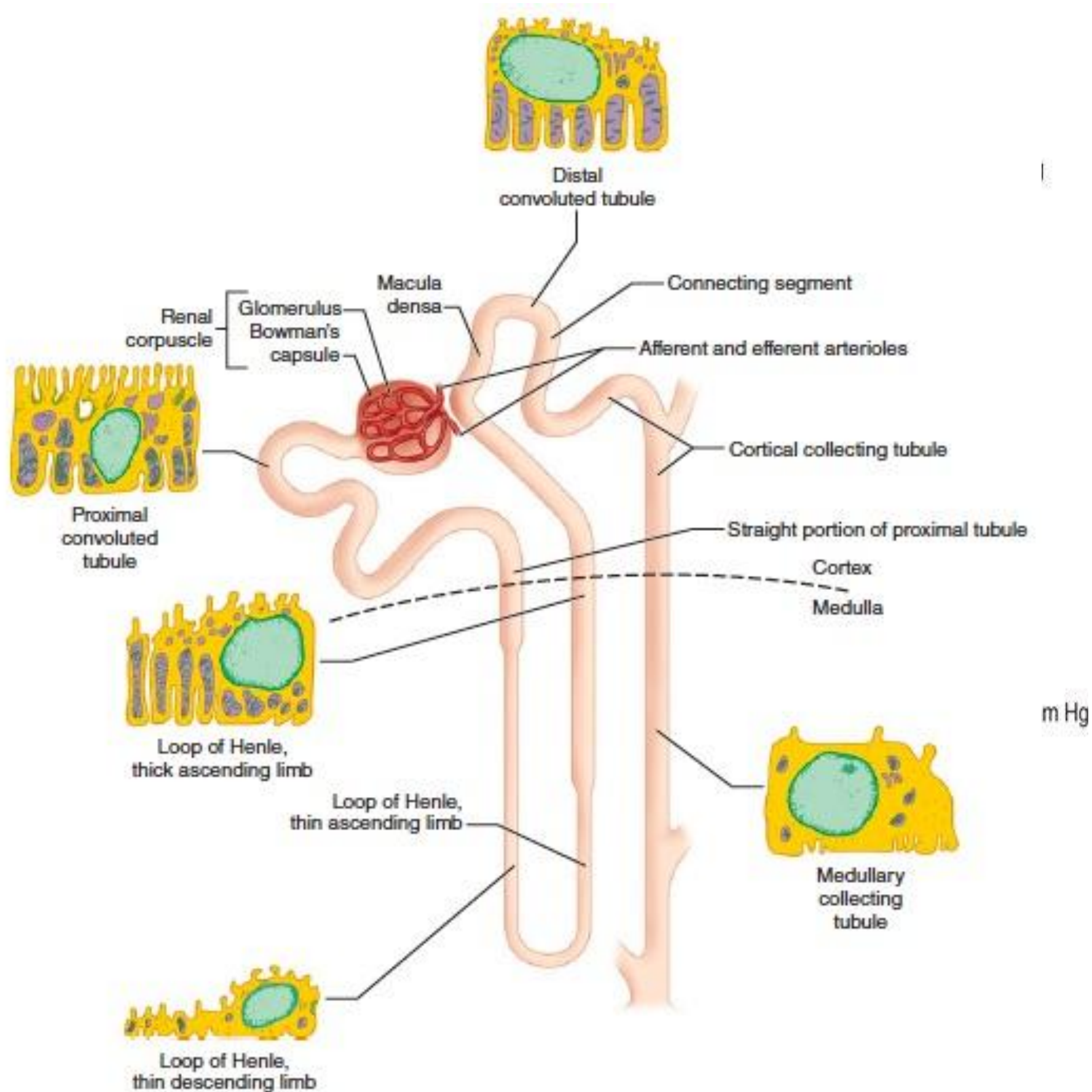
## Effects of anaesthesia on liver function

- \* Indirect effects because of cardiovascular changes
- \* Metabolic effects because of stress
- \* Opioids cause Oddi's sphincter spasm
- \* Modern volatile anesthetic agents have no direct effects upon hepatocytes



# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

## ΝΕΦΡΟΙ



Segment	Function
Renal corpuscle (glomerulus, Bowman's capsule)	Ultrafiltration of blood
Proximal tubule	Reabsorption Sodium <sup>2</sup> chloride Water Bicarbonate Glucose, protein, amino acids Potassium, magnesium, calcium Phosphates, <sup>3</sup> uric acid, urea Secretion Organic anions Organic cations Ammonia production
Loop of Henle	Reabsorption Sodium, chloride Water Potassium, calcium, magnesium Countercurrent multiplier
Distal tubule	Reabsorption Sodium <sup>4</sup> chloride Water Potassium Calcium <sup>5</sup> Bicarbonate Secretion Hydrogen ion <sup>4</sup> Potassium <sup>4</sup> Calcium
Collecting tubule	Reabsorption Sodium <sup>4,6</sup> chloride Water <sup>6,7</sup> Potassium Bicarbonate Secretion Potassium <sup>4</sup> Hydrogen ion <sup>4</sup> Ammonia production
Juxtaglomerular apparatus	Secretion of renin

# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

## ΝΕΦΡΟΙ

- ☑ Renal function is intimately related to renal blood flow (RBF). The kidneys are the only organs for which oxygen consumption is determined by blood flow.
- ☑ The blood flow through both kidneys normally accounts for 20-25% of C.O. Approximately 80% of RBF normally goes to cortical nephrons.
- ☑ The renal cortex extracts relatively little oxygen, having an oxygen tension of about 50 mm Hg.
- ☑ The renal medulla maintains high metabolic activity because of solute reabsorption and requires low blood flow to maintain high osmotic gradients. The medulla has an oxygen tension of only about 15 mm Hg and is relatively vulnerable to ischemia.
- ☑ Redistribution of RBF away from cortical nephrons with short loops of Henle to larger juxtamedullary nephrons with long loops occurs under certain conditions.
- ☑ Sympathetic stimulation, increased levels of catecholamines and angiotensin II, and heart failure can cause redistribution of RBF to the medulla and is associated with sodium retention

## Control Mechanisms of RBF

- Intrinsic regulation
- Tubuloglomerular feedback
- Hormonal
- Neuronal and paracrine stimulation



## Effects of Anesthesia on Renal Function

- \* Reversible decreases in RBF, GFR, urinary flow, and sodium excretion occur during both regional and general anesthesia
- \* Most of these changes are indirect and are mediated by autonomic and hormonal responses to surgery and anesthesia.
- \* AKI is less likely when an adequate intravascular volume and a normal blood pressure are maintained.
- \* There is no evidence that currently utilized vapor anesthetic agents cause AKI

- ▶ **Cardiovascular effects**
- ▶ **Neurogenic mechanisms**
- ▶ **Endocrine changes**
- ▶ **Other drugs**

Type of Injury	Drug or Toxin
Decreased renal perfusion	Nonsteroidal antiinflammatory drugs (NSAIDs), angiotensin-converting enzyme inhibitors, radiocontrast agents, amphotericin B, cyclosporine, tacrolimus
Direct tubular injury	Aminoglycosides, radiocontrast agents, amphotericin B, methotrexate, cisplatin, foscarnet, pentamidine, heavy metals, myoglobin, hemoglobin, intravenous immunoglobulin, HIV protease inhibitors
Intratubular obstruction	Radiocontrast agents, methotrexate, acyclovir, sulfonamides, ethylene glycol, uric acid, cocaine, lovastatin
Immunological-Inflammatory	Penicillin, cephalosporins, allopurinol, NSAIDs, sulfonamides, diuretics, rifampin, ciprofloxacin, cimetidine, proton pump inhibitors, tetracycline, phenytoin



# Αναισθησιολογία

## Ακαδ. έτος 2018-19



ΣΑΣ ΕΥΧΑΡΙΣΤΩ

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# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

## Questions

Ποια από τα παρακάτω είναι λάθος:

1. Η ηπατική αιμάτωση γίνεται από την πυλαία φλέβα και την ηπατική αρτηρία
2. Η νευρομυϊκή διαβίβαση γίνεται με τους μουσκαρινικούς υποδοχείς
3. Η ρύθμιση της νεφρικής αιματικής ροής μεταξύ άλλων γίνεται και με ορμονικούς μηχανισμούς
4. Η επινεφρίνη είναι ένας εκλεκτικός  $\alpha_1$  αγωνιστής

Which is the wrong statement:

1. Hepatic blood perfusion is provided by the hepatic artery and portal vein
2. Neuromuscular transmission is achieved through muscarinic receptors
3. Hormonal mechanisms may play role in the regulation of the renal blood flow
4. Epinephrine is a selective  $\alpha_1$  agonist



Ποιό από τα παρακάτω είναι αληθές

1. Η νορεπινεφρίνη είναι ένας προγαγγλιακός νευροδιαβιβαστής του παρασυμπαθητικού
2. Η νορεπινεφρίνη είναι ένας μεταγαγγλιακός νευροδιαβιβαστής του συμπαθητικού
3. Η ακετυλοχολίνη είναι ένας μεταγαγγλικός νευροδιαβιβαστής του συμπαθητικού
4. Η ακετυλοχολίνη είναι ένας αγωνιστής των  $\alpha_1$  αδρενεργικών υποδοχέων

Which of the following is true

1. Norepinephrine is a preganglionic neurotransmitter of the parasympathetic nervous system
2. Norepinephrine is a postganglionic neurotransmitter of the sympathetic nervous system
3. Acetylcholine is a postganglionic neurotransmitter of the sympathetic nervous system
4. Acetylcholine is an agonist of the  $\alpha_1$  adrenergic receptors

## Questions

What of the following are potential adverse outcomes from residual neuromuscular blockade.

1. Αναπνευστικές επιπλοκές
2. Καρδιολογικές επιπλοκές
3. Υπόταση
4. Νεφρική βλάβη

What of the following are potential adverse outcomes from residual neuromuscular blockade.

1. Respiratory complications
2. Cardiac complications
3. Hypotension
4. Renal injury

## Questions

Ποιός από τους παρακάτω παράγοντες μπορεί να ευθύνεται για την πρόκληση νεφρικής βλάβης περιεγχειρητικά:

- 1.NSAID' s
- 2.Ενδοφλέβια αναισθητικά
- 3.Εισπνεόμενα αναισθητικά
- 4.Η χορήγηση ντοπαμίνης

Which of the following factors may cause kidney injury perioperatively

1. NSAID' S
2. Intravenous anesthetics
3. Inhaled anaesthetics
4. Dopamine infusion



# ΦΥΣΙΟΛΟΓΙΑ ΚΑΤΑ ΤΗΝ ΑΝΑΙΣΘΗΣΙΑ

## Questions

Ποιο από τα παρακάτω είναι λάθος:

1. Τα σύγχρονα αναισθηστικά προκαλούν ηπατική βλάβη
2. Το ήπαρ δέχεται περίπου το 25% της καρδιακής παροχής
3. Το ήπαρ συμμετέχει στη παραγωγή παραγόντων πήξης
5. Η ηπατική αρτηρία έχουν  $\alpha_1$  υποδοχείς

Which of the following is wrong:

1. Currently utilised anaesthetics cause liver injury
2. Liver blood flow is almost 25% of cardiac output
3. Liver produce some of the coagulation factors
4. The hepatic artery has a  $\alpha_1$ -adrenergic receptors